

Bishop Fenwick High School Athletic Department

STATE LAW REGARDING SPORTS-RELATED HEAD INJURY AND CONCUSSIONS

The Commonwealth of Massachusetts Executive Office of Health and Human Services now requires that all schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) rules adhere to the following law. Student-Athletes and their parents, coaches, athletic directors, school nurses, and physicians must learn about the consequences of head injuries and concussions through training programs and written materials. The law requires that athletes and their parents inform the athletic department about prior head injuries at the beginning of the season. If a student-athlete becomes unconscious during a game or practice, the law now mandates taking the student out of play or practice, and requires written certification from a licensed medical professional for “return to play”. Parents and students who plan to participate in any athletic program at Bishop Fenwick High School must also take a free on-line course. This course is available through the National Federation of High School Coaches and contains all of the information required by law. You will need to click the “order here” button and complete a brief information form to register. At the end of the course, you will receive a completion receipt. The entire course, including registration, can be completed in less than 30 minutes.

<https://nfhslearn.com/courses/61064/concussion-in-sports>

Please sign the form indicating you have read the information contained above and completed the highlighted online course per the requirements of this law and that the information you have provided on this form is true and accurate. This form is required in order to participate on any athletic team at Bishop Fenwick High School.

OPIOID MISUSE PREVENTION-STUDENT ATHLETE (PACKET)

Recent legislation in Massachusetts requires schools to screen students for potential risk factors and provide resources and information on the dangers of opioid misuse to parents, guardians and students prior to the start of each season.

In an effort to support the prevention efforts of member schools, the MIAA has partnered with the Massachusetts Department of Public Health (DPH) and the Massachusetts Technical Assistance Partnership for Prevention (MasTAPP) to develop educational materials on this topic. The four fact sheets listed below can be found on our Bishop Fenwick Website under athletics. More information is also available via the MasTapp website- <http://masstapp.edc.org/rx-student-athlete>

- *Preventing Prescription Opioid Misuse Among Student Athletes*
- *Injury Management: A Key Component of Prescription Opioid Misuse and Prevention*
- *What to Know About Prescription Opioids*
- *Guidance on Communications After a Non-Concussion Sports Injury*

By Signing below, I acknowledge that I have read and am in compliance of both the Concussion and Opioid Abuse Laws.

Parent/Guardian

Date

Student-Athlete

Date